


# #199 A Letter of Gratitude to My Life

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Dear Life,

Through the ups and downs the twists and turns you have shaped me into who I am today.

Thank you for the lessons both challenging and rewarding that have allowed me to grow. Thank you for the moments of joy the small victories and the beautiful experiences that have filled my heart with gratitude. Even in the tough times you've shown me strength and resilience I didn't know I had.

Thank you for the opportunities, the people and the moments that have come my way. You've taught me to appreciate the present and to look forward to the future with hope.

***“Life, with all its twists and turns has shaped me into who I am and for that I am endlessly grateful.”***

With deep gratitude,  
Shalo